"Does vaping cause cancer?" and the use of "False Facts"

Does vaping cause cancer? Cancer is definitely a concern, given that vaping introduces a host of chemicals into the lungs, but vaping products haven't been around long enough for us to learn whether or not they cause cancer. So the short answer is: it's too soon to tell.

E-cigarettes are not risk-free. They can cause side effects such as throat and mouth irritation, headache, cough, and feeling sick. E-cigarettes also contain nicotine which is highly addictive. No amount of nicotine is safe for youth as it can harm adolescent brain development as teens grow. Youth nicotine exposure can negatively impact learning, memory, and attention, and it can make it easier to get hooked on other substances. Nicotine dependence can also worsen symptoms of anxiety, depression, and stress. When speaking about e-cigarettes or vaping, we need to make sure we are sharing accurate information. Videos will be disqualified if they contain any untrue statements, "false facts", or facts that cannot be verified. Below are some examples of "false facts." False facts or misconceptions:

- "Vaping causes cancer"
- "Vaping helps people quit smoking"
- "It's just harmless water vapor"
- "Vapes contain all-natural ingredients"
- "Tobacco companies would never target their products toward kids"
- "Vaping kills"